







## Key performance indicator "n. of Health Literacy programs for adult and older people, caregiver, health professional and enterprises implemented" Spoke 3 WP 1 Task 1.6











# TRAINING FOR FUTURE HEALTHCARE PROFESSIONALS (STUDENTS, RESIDENTS IN SCHOOL OF SPECIALIZATION)

### Degree in Professional Educator

• Teaching module on **Health Literacy**, academic years 2024-2025 and 2023-2024, within the course on **Hygiene and Health Promotion**. Course coordinators: Professors Bonaccorsi and Lorini (both part of Task 1.6 WP 1). This is documented on the University of Florence's Moodle platform.

#### **Degree in Medicine and Surgery**

• Teaching module on **Health Literacy**, academic years 2024-2025 and 2023-2024, as part of the courses in **General Hygiene** (5th year) and **Organization of Health Services** (4th year). Course coordinator: Professor Bonaccorsi. Documented on the University of Florence's Moodle platform.

#### Specialization School in Hygiene and Preventive Medicine

• Teaching module in the 1st year of the specialization school, totaling 24 hours per academic year, delivered by Professors Bonaccorsi and Lorini for the academic years 2022-2023, 2023-2024, and 2024-2025.

#### University of Florence – Master's Program in Health Literacy

- Academic Year 2023-2024: The master's program was not activated due to insufficient enrollment. (Coordinator: Chiara Lorini; Faculty: Bonaccorsi, Zanobini, Del Riccio).
- Academic Year 2024-2025: The master's program was re-proposed with a modified curriculum, including a training module dedicated to the elderly and caregivers. (Coordinator: Chiara Lorini; Faculty: Bonaccorsi, Zanobini, Del Riccio).

Pagina | 2









Pagina | 3

TRAINING FOR HEALTHCARE PROFESSIONALS, CAREGIVERS, ELDERLY PEOPLE, GENERAL POPULATION (some of these training events are for more than one "actor")

### 2nd Seasonal School AgICOT, Teramo (December 14-15, 2023)

• Teaching module on **Health Literacy** in the context of transitional care. Delivered by Professors Bonaccorsi and Zanobini, targeting healthcare professionals, caregivers of frail elderly individuals, and the general population.

### Study and Training Day (Teramo, June 17, 2023)

- Workshop titled "Access and Navigation in Services and Effective Communication: Perspectives of Patients and Caregivers." Focused on:
  - Individual health literacy for frail/non-self-sufficient elderly individuals.
  - Organizational health literacy for professionals supporting frail elderly individuals. Delivered by Patrizio Zanobini, Guglielmo Bonaccorsi, and Marco Del Riccio.

# Training Course on Health Literacy for Caregivers of Individuals with Dementia – From September 9, 2024 on.

• Held over multiple sessions at the **Community Center of Le Piagge (Florence)**. The course included participatory lessons on health literacy involving direct caregiver engagement. (Instructor: Claudia Biagi, AGE-IT PhD student).

#### Alzheimer Café at the Library Buonarroti (Florence) – from January 31, 2024

• Sessions on **Health Literacy** for the elderly population, with two afternoons dedicated to explaining health literacy to elderly participants and others attending the meetings.

#### Online Training Event – November 20, 2023

• Title: "Health Promotion for the Prevention of Alcohol-Related Diseases and Issues in the Community." Presentation: "Alcohol Consumption: The Role of Health Literacy." (Presenter: Patrizio Zanobini).

#### Online Training Event – November 28, 2023

 Title: "One Hygiene – Toward a Sustainable Future: A Multidisciplinary Analysis." Presentation: "Health Literacy and Healthcare System Sustainability," addressing challenges related to frailty, demographic transition, aging, and epidemiological transition. (Presenter: Patrizio Zanobini).

# In-presence training event for Careggi Teaching Hospital healthcare professionals - November 7, 2024

• Title: Organizational Health Literacy - From Theoretical Models to Application in Hospital Settings (instructors: Chiara Lorini, Patrizio Zanobini, Guglielmo Bonaccorsi, Department of Health Sciences, Health Literacy Laboratory - University of Florence)

**Council of Europe and UNAR** (Ufficio Nazionale Antidiscriminazioni Razziali a Difesa delle Differenze) **Training Event**, **December 5 and 6** 









A plenary discussion and training event will be held to present and discuss the report *"How to Create a Solid Alliance Between All Stakeholders to Promote Human Rights by Improving Health Literacy on Both Individual and Organisational Levels"*. This report, drafted by Guglielmo Bonaccorsi and Chiara Lorini, outlines the development of a shared strategy involving political authorities from various EU member states, NGOs, and citizen representatives. The strategy focuses on leveraging health literacy as a tool to combat health inequities. A specific chapter of the report is dedicated to addressing ageism.