







Key performance indicator "n. of Health Literacy programs for adult and older people, caregiver, health professional and enterprises implemented" Spoke 3 WP 1 Task 1.6











TRAINING FOR FUTURE HEALTHCARE PROFESSIONALS (STUDENTS, RESIDENTS IN SCHOOL OF SPECIALIZATION)

Degree in Professional Educator

• Teaching module on **Health Literacy**, academic years 2024-2025 and 2023-2024, within the course on **Hygiene and Health Promotion**. Course coordinators: Professors Bonaccorsi and Lorini (both part of Task 1.6 WP 1). This is documented on the University of Florence's Moodle platform.

Degree in Medicine and Surgery

• Teaching module on **Health Literacy**, academic years 2024-2025 and 2023-2024, as part of the courses in **General Hygiene** (5th year) and **Organization of Health Services** (4th year). Course coordinator: Professor Bonaccorsi. Documented on the University of Florence's Moodle platform.

Specialization School in Hygiene and Preventive Medicine

• Teaching module in the 1st year of the specialization school, totaling 24 hours per academic year, delivered by Professors Bonaccorsi and Lorini for the academic years 2022-2023, 2023-2024, and 2024-2025.

University of Florence – Master's Program in Health Literacy

- Academic Year 2023-2024: The master's program was not activated due to insufficient enrollment. (Coordinator: Chiara Lorini; Faculty: Bonaccorsi, Zanobini, Del Riccio).
- Academic Year 2024-2025: The master's program was re-proposed with a modified curriculum, including a training module dedicated to the elderly and caregivers. (Coordinator: Chiara Lorini; Faculty: Bonaccorsi, Zanobini, Del Riccio).

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TRAINING FOR HEALTHCARE PROFESSIONALS, CAREGIVERS, ELDERLY PEOPLE, GENERAL POPULATION (some of these training events are for more than one "actor")

2nd Seasonal School AgICOT, Teramo (December 14-15, 2023)

• Teaching module on **Health Literacy** in the context of transitional care. Delivered by Professors Bonaccorsi and Zanobini, targeting healthcare professionals, caregivers of frail elderly individuals, and the general population.

Study and Training Day (Teramo, June 17, 2023)

- Workshop titled "Access and Navigation in Services and Effective Communication: Perspectives of Patients and Caregivers." Focused on:
 - Individual health literacy for frail/non-self-sufficient elderly individuals.
 - Organizational health literacy for professionals supporting frail elderly individuals. Delivered by Patrizio Zanobini, Guglielmo Bonaccorsi, and Marco Del Riccio.

Training Course on Health Literacy for Caregivers of Individuals with Dementia – From September 9, 2024 on.

• Held over multiple sessions at the **Community Center of Le Piagge (Florence)**. The course included participatory lessons on health literacy involving direct caregiver engagement. (Instructor: Claudia Biagi, AGE-IT PhD student).

Alzheimer Café at the Library Buonarroti (Florence) – from January 31, 2024

• Sessions on **Health Literacy** for the elderly population, with two afternoons dedicated to explaining health literacy to elderly participants and others attending the meetings.

Online Training Event – November 20, 2023

• Title: "Health Promotion for the Prevention of Alcohol-Related Diseases and Issues in the Community." Presentation: "Alcohol Consumption: The Role of Health Literacy." (Presenter: Patrizio Zanobini).

Online Training Event – November 28, 2023

 Title: "One Hygiene – Toward a Sustainable Future: A Multidisciplinary Analysis." Presentation: "Health Literacy and Healthcare System Sustainability," addressing challenges related to frailty, demographic transition, aging, and epidemiological transition. (Presenter: Patrizio Zanobini).

In-presence training event for Careggi Teaching Hospital healthcare professionals - November 7, 2024

• Title: Organizational Health Literacy - From Theoretical Models to Application in Hospital Settings (instructors: Chiara Lorini, Patrizio Zanobini, Guglielmo Bonaccorsi, Department of Health Sciences, Health Literacy Laboratory - University of Florence)

Council of Europe and UNAR (Ufficio Nazionale Antidiscriminazioni Razziali a Difesa delle Differenze) **Training Event**, **December 5 and 6**









A plenary discussion and training event will be held to present and discuss the report *"How to Create a Solid Alliance Between All Stakeholders to Promote Human Rights by Improving Health Literacy on Both Individual and Organisational Levels"*. This report, drafted by Guglielmo Bonaccorsi and Chiara Lorini, outlines the development of a shared strategy involving political authorities from various EU member states, NGOs, and citizen representatives. The strategy focuses on leveraging health literacy as a tool to combat health inequities. A specific chapter of the report is dedicated to addressing ageism.